

**“Going Deeper”**  
**Sermon Series - Jonah: God’s Relentless Pursuit**  
**October 1 - November 12**

Below are several ideas of ways to “go deeper” in this sermon series in Jonah. These are simply suggestions - feel free to adapt, tweak, or try out other creative ideas as you process the preaching and teaching from Sunday mornings!

**HEADY - “love the Lord with all your mind”**

- Read and meditate on the scripture passage in preparation for each message. Use lectio divina as a way to read the passages. Download a [lectio divina guide](#).
 

October 1	Jonah 1:1-3
October 8	Jonah 1:4-16
October 15	Jonah 2
October 22	Jonah 3:1-5
November 5	Jonah 3:6-11
November 12	Jonah 4
- Read the entire book of Jonah out loud with your family or friends. It’s only 48 verses long and will take about 5-6 minutes to read!
- Watch the 9-minute video of the summary of Jonah. It’s very well done and give great context to the story.  
 [“Read Scripture: Jonah” - <https://www.youtube.com/watch?feature=youtu.be&v=dLlabZc004c>]

**HEARTY - “love the Lord with all your soul”**

- Jonah 2 is a prayer that Jonah prays while in the belly of a big fish for 3 days. In the darkness of this fish, Jonah experienced God in a profound way.  
Reflect and journal through this question:  
*What might God be able to say to you if he had your full attention for three days of silence and nothing?*
- Reflect on this statement: *The story of Jonah is good and bad news. The good news is God loves you. The bad news is God also loves all the people you hate.*
- Scripture acts as a mirror for our lives. As we read the Bible, it reflects back to us the beauty and broken nature of our own lives and hearts. Journal through the questions below:
  - How does the story of Jonah act as a mirror for your life?
  - In what ways are you similar to Jonah in this season of life?

**HANDY - “love the Lord with all your strength”**

- Imagine that you are Jonah in the belly of the big fish. What would you pray to God? Write a prayer in the midst of personal need and desperation.
- Learn more about the city of Nineveh. Do some simple research online to gain more insight into this ancient city. Write out your answers to the questions below:
  - What are 2-3 interesting things that you learned about Nineveh?
  - How are Miami and Nineveh similar? How are they different?
- Who is someone that you need to forgive or seek reconciliation with? Make a plan to meet with this person to experience the healing and forgiveness of God with them.

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