

**“Going Deeper”
Sermon Series - Realign
January 14-February 11**

Below are several ideas of ways to “go deeper” in this sermon series. These are simply suggestions - feel free to adapt, tweak, or try out other creative ideas as you process the preaching and teaching from Sunday mornings!

HEADY - “love the Lord with all your mind”

- Read and meditate on the scripture passages about money and possessions listed below. Use lectio divina as a way to read and encounter God in these passages. Download a [lectio divina guide](#).
 - Hebrews 13:5
 - Matthew 6:25-34
 - 1 Timothy 6:17-19
 - Philippians 4:11-13
 - Matthew 6:21-24
 - Acts 2:42-47
 - Deuteronomy 8:10-18
- Buy and read the “Realign” book at the Rhythm Bookstore!

HEARTY - “love the Lord with all your soul”

- Spend time praying and journaling through the questions below:
 - How did my family-of-origin handle money? How was money talked about at home?*
 - How does my current approach to money impact my relationships, emotional health, mental anxiety, and relationship with God?*
 - What are some lies that our culture tells us about money that I am tempted to believe?*
- Read and study Matthew 6:25-34. Journal through the questions below:
 - What does this teaching say about who God is and how he cares for you?*
 - If you embraced this teaching from Jesus, what difference would it make in your life?*
 - Is it difficult for you to see God as a provider for you? Why or why not?*

HANDY - “love the Lord with all your strength”

- Meet with a spiritual friend and look over your budget. Spend time talking and praying together about the resources God has given to you and how you’re called to steward them in this season of life.
- Read the definition of the “Money” practice in Rhythm’s Rule of Life (this can be found on Rhythm’s website). What does it mean for you to *live simply* and *give generously*? Meet with a spiritual friend to outline a practical plan to live a kingdom lifestyle with your finances.

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